



# 7 Months

## Plan for Churches to Strengthen Families



## MONTH 1- Build Family Altars



THEME

Restoring Worship at Home



PULPIT FOCUS

The importance of daily family devotion and prayer.



PRACTICAL STEPS

- Form Family Accountability Triads: Groups of 3 families who pray and check-in weekly.
- Provide 1 devotional tool (e.g., Our Daily Bread, Everyday with Jesus).
- Encourage one shared family meal + spiritual conversation daily.
- Testimony Sunday: 2-3 families share what changed after regular devotions.



## MONTH 2-Deepen Faith Formation



### THEME

Growing Spiritually  
in Every Season



### PULPIT FOCUS

Spiritual disciplines for  
every age and stage of life.



### PRACTICAL STEPS

- Teach how to have a Quiet Time; share a 15-minute model.
- Encourage parents to ask each family member what they learned from Scripture.
- Mid-month: "Family Faith Night" – families share creative ways of doing devotions.
- End-month: Small-group reflection or prayer retreat.



## MONTH 3- Strengthen Marriages



### THEME

God's Design for Marriage



### PULPIT FOCUS

Purpose, communication,  
intimacy, and  
faithfulness in marriage.



### PRACTICAL STEPS

- Host a Marriage Enrichment Weekend or 3-session course.
- Launch Couples Fellowship (3-5 couples per group) where a suitable study material can be used to study on strengthening the bond of marriage relationship.
- 12 weeks study material for couples (**CCF vol 1**) from Urban India Ministries is available.
- Provide access to Christian counselors for couples in distress.
- Share testimonies on "How we rebuilt our marriage."





## MONTH 4- Equip Parents



### THEME

Raising Godly Children  
in a Digital Age



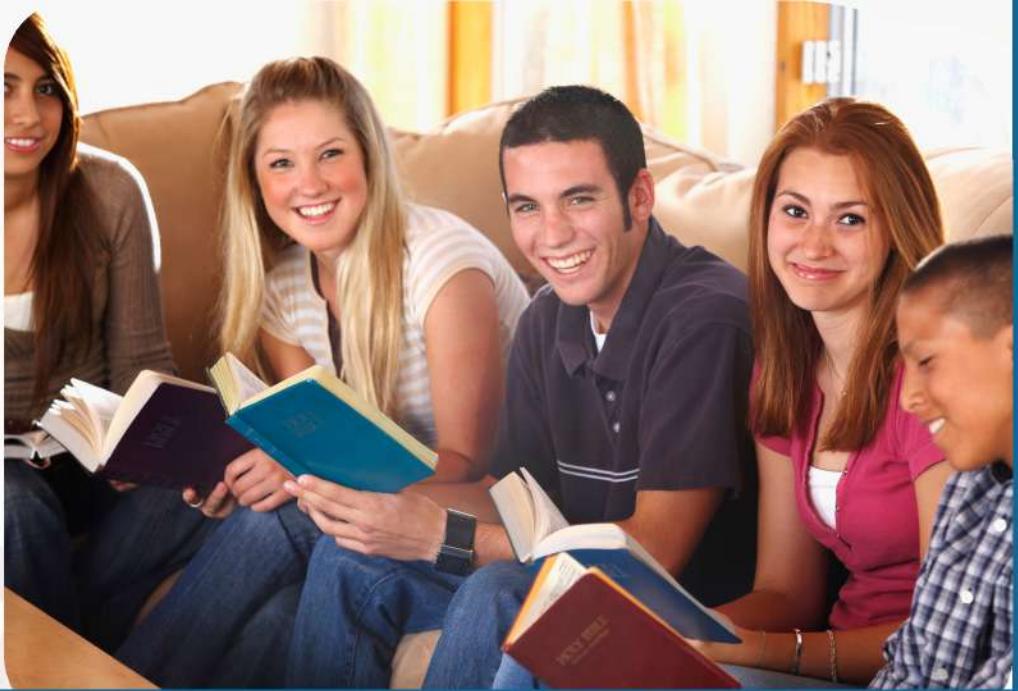
### PULPIT FOCUS

Modeling God's heart, discipline,  
and love in parenting.



### PRACTICAL STEPS

- Run Parenting Seminars (separate sessions for parents of young kids and teens).
- Launch family discussion guides on parenting.
- 12 weeks study material for parents (**CCF vol 2**) from Urban India Ministries is available.
- Encourage parent-teen conversations each week. (25 lessons for parent teen life skills launched by UIM called Arrows can be used)  
[https://urbanindia.org/order\\_resources/](https://urbanindia.org/order_resources/)
- Offer counseling referrals for struggling families.



## MONTH 5- Empower Youth & Singles



### THEME

Living Pure and  
Purposeful Lives



### PULPIT FOCUS

Calling youth to holiness,  
discipleship, and wise  
choices.



### PRACTICAL STEPS

- Start Youth Bible Studies focusing to foster Spiritual growth
- Address contemporary issues that are relevant and give them a Biblical world view of marriage and family and help navigate the challenges they are facing.
- Invite godly single adults to share how they can pursue their calling and serve God faithfully.
- Facilitate Intergenerational Events—meals, mentoring, joint service projects.
- Youth Sunday: Testimonies and worship led by young people for the whole church.





## MONTH 6- Mobilize Older Adults



THEME



PULPIT FOCUS

Legacy of Faith and  
Mentorship

Purpose in later life —  
grandparenting,  
mentoring, prayer ministry.



PRACTICAL STEPS

- Conduct special seminars that are relevant to older adults such as health, mental wellbeing, grandparenting, finishing well, and so on.
- Start Grandparent Prayer Groups for next generation.
- 10 weeks study material for older adults (**Heart of Influence**) from Urban India Ministries is available.
- Launch a Care Ministry Team to visit the lonely or sick.



# CREATED IN HIS IMAGE

*So God created mankind in his own image, in the image of God he created them; male and female he created them.*

*Genesis 1:27*

## MONTH 7- Redeeming Sexuality



### THEME

Restoring God's Design for Sexuality



### PULPIT FOCUS

Created male and female—truth, purity, grace, and healing.



### PRACTICAL STEPS

- Conduct parent workshops on teaching children about sexuality.
- Do pre-marriage education and counseling as a Church for those preparing for marriage.
- Initiate a confidential counseling support for those struggling in the area of sexuality.
- Host an open Q&A evening to discuss biblical truth and compassion.